

Corsican High Level Route Gr20 Cicerone Mountain Walking

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Corsican High Level Route Gr20

The route takes us along quiet, winding mountain roads and through green countryside and dense pine forests. Traffic lights are few and far between, so if you've never driven abroad, Corsica is an ...

Corsica: The rugged French Island that's becoming a modern beauty

The route is diverse ... surprise that the GR20 has a reputation as one of Europe's toughest hikes. This Grande Randonnée cuts a north-west-to-south-east diagonal along Corsica's relentlessly ...

This guidebook describes the classic GR20 trek, the north to south traverse of the rugged mountains of Corsica. Starting in Corscia's north-west, in picturesque Calenzana, the route winds south-east, through the heart of Corsica, finishing on the eastern side of the island, just north of Porto Vecchio in the township of Conca. Described in 16 stages with high level/low level alternatives for relevant stages, the route is roughly 200km in length and takes approximately two weeks to complete. The GR20 climbs high into the mountains. It is demanding trek and only suitable for experienced walkers. Step-by-step descriptions of each stage are accompanied by 1:50,000 mapping, together with information on ascent/descent, terrain, and food, water and shelter en route. Also included is invaluable information such as path conditions, what to take, and getting to/from and around Corsica. This comprehensive guide also includes information on the history and geology of Corsica, together with notes on the local plants and wildlife. An island of surreal beauty, Corsica showcases dramatic mountains, enchanting coastline and ethereal vistas. Bare rock and sheer cliff contrasts with black sand beaches, alpine pastures and

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pockets of forest. Mediterranean flair abounds, history lingers and culture is celebrated, making it the perfect destination for a trek bursting with adventure.

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Corsica is a mountainous island in the Mediterranean and its GR20 is reputed to be the toughest waymarked trail in Europe. It is an ambitious route for fit and agile walkers, covering 190km in about two weeks as it makes a complete traverse through the high mountains, backpacking the whole way, sometimes with hands-on scrambling. Facilities are limited to a dozen mountain refuges and a mere handful of hotels or gîtes. The -classic- route is described, along with high- and low-level alternatives, plus extra mountain climbs. The guide explains exactly what is involved in following the GR20, including what walkers need to carry and how difficult the route is in places, revealing everything you need to know. Detailed route descriptions and stunning photographs.

The South West Coast Path National Trail (SWCP) measures a staggering 630 miles (1015km) from Minehead on the Somerset coast right round Devon and Cornwall to Poole in Dorset. The guidebook divides the route into 45 stages of between 12.5 to 37.5km, beginning and ending where amenities are available. Written by prolific outdoor writer Paddy Dillon, this guidebook is packed with lots of information for planning your walk, including clear step-by-step route descriptions and OS map extracts, public transport links,

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accommodation and facilities along the way. Also described is the 17-mile South Dorset Ridgeway, from West Bexington to Osmington Mills, which can be used as a scenic way to shave 42 miles off the total distance. This epic route takes in Exmoor National Park, five AONBs and the Jurassic Coast World Heritage Site, besides various nature reserves and SSSIs. No other stretch of coastline compares for scenic splendour, historical sites and availability of refreshments, accommodation and public transport, making it easy to split the South West Coast Path into week or weekend-long sections.

A guidebook to the classic Chamonix to Zermatt trek from Mont Blanc to the Matterhorn. The 225km Walker's Haute Route through the French and Swiss Alps crosses 11 passes, gains more than 14,000m in height and is a strong contender for the title of Most Beautiful Walk in Europe. The high-level route is described in 14 day stages, with optional variants, and is suitable for walkers with a good level of fitness and some previous alpine trekking experience. The final approach to Zermatt adopts the dramatic Europaweg, a high-level traverse of the east wall of the Mattertal, crossing the 500-metre suspension bridge above Randa. An alternative valley route to Zermatt can be taken if this does not appeal. Alongside clear route descriptions and mapping for each stage of the trek, there is essential practical information on travel to Chamonix and return from Zermatt, as well as advice on accommodation in alpine villages and mountain refuges, trekking safety, equipment, itinerary planning and preparation. Taking 2 weeks to complete, this challenging but rewarding trek encompasses views of the greatest collection of 4000 metre peaks in the Alps - Mont Blanc, the Grand Combin, Dent Blanche, Weisshorn and the Matterhorn - and visits some of the most spectacular valleys, including the Val d'Hérens, Val d'Annivers and the Mattertal.

The outstanding series of walking guides based on trails created and marked by the French Federation of Hiking Clubs. Each guide details several hundred miles of footpaths, and each route is marked on IGN color topo maps (1:50,000). Also includes information on lodgings and train, bus, and ferry connections.

With stories of 50 incredible hiking routes in 30 countries, from New Zealand to Peru, plus a further 150 suggestions, Lonely Planet's Epic Hikes of the World will inspire a lifetime of adventure on foot. From one-day jaunts and urban trails to month-long thru-hikes, cultural rambles and mountain expeditions, each journey shares one defining feature: being truly epic. In this follow-up to Epic Bike Rides and Epic Drives, we share our adventures on the world's best treks and trails. Epic Hikes is organised by continent, with each route brought to life by a first-person account, beautiful photographs and charming illustrated maps. Additionally, each hike includes trip planning advice on how to get there, where to stay, what to pack and where to eat, as well as recommendations for three similar hikes

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in other regions of the world. Hikes featured include: Africa & the Middle East: Cape Town's Three Peaks (South Africa) Kilimanjaro (Tanzania) Camp to Camp in South Luangwa National Park (Zambia) Americas: Angel's Landing, Zion National Park (USA) Skyline Trail, Jasper National Park (Canada) Concepción volcano hike (Nicaragua) Asia: 88 Sacred Temples of Shikoku Pilgrimage (Japan) Markha Valley (India) Gubeikou to Jinshanling on the Great Wall (China) Europe: Wordsworth's Backyard: Dove Cottage and around Rydal and Grasmere (UK) Alpine Pass Route (Switzerland) Camino de Santiago (Spain) Oceania: Sydney's Seven Bridges Walk (Australia) The Routeburn Track (New Zealand) Kokoda Track (Papua New Guinea) About Lonely Planet: Lonely Planet is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travellers. You'll also find our content online, on mobile, video and in 14 languages, 12 international magazines, armchair and lifestyle books, ebooks, and more. Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

No ordinary guidebook, Sierra High Route leads you from point to point through a spectacular 195-mile timberline route in California's High Sierra. The route follows a general direction but no particular trail, thus causing little or no impact and allowing hikers to experience the beautiful sub-alpine region of the High Sierra in a unique way.

With spectacular mountain landscapes, beautiful rugged coast, forests, maquis and striking river gorges, Corsica is a walker's paradise. This guidebook details five of the islands's most popular shorter treks: the 2-day coastal Sentier du Douanier (Customs Officer's Path) around Cap Corse; two coast-to-coast routes through the central mountains, the 11-day Mare a Mare Nord and the 5-day Mare a Mare Sud; and two 'coast and mountains' routes, the 10-day Mare e Monti and the 5-day Mare e Monti Sud. (Corsica's famous 190km GR20 trail is described in a separate Cicerone guide.) The routes can be linked to create longer excursions and accommodation is provided by a mixture of walkers' hostels, B&Bs and hotels; camping is also an option. The guide presents each of the waymarked trails in daily stages averaging around 12-13km per day, with route description, mapping and notes on accommodation options. There is advice on how to get to Corsica, when to go and what to take, plus accommodation listings, useful contacts and a French/Corsican-English glossary. The guide also offers a wealth of information about the island's rich plant and wildlife. Considerably easier than the challenging GR20, these trails offer a more accessible option for trekkers wishing to experience the 'real' Corsica, away from the bustling coastal resorts. You'll find enchanting scenery - towering forests, gushing cascades, turquoise coves, aromatic maquis,

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rugged mountains and quiet villages nestling on hillsides of chestnut woods - not to mention a favourable climate and delicious local cuisine. Don't be surprised if you fall under the island's spell!

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