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This book reports on the state of the art in physical ergonomics and addresses the design of products, processes, services, and work systems to ensure they are productive, safe, and enjoyable for people to use. The human body's responses to physical and physiological work demands, strain injuries from repetition, vibration, force, and posture are the most common types of issues examined, along with their design implications. The book explores a wide range of topics in physical

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ergonomics, including the consequences of repetitive motion, materials handling, workplace safety, the usability of portable devices, design, working postures, and the work environment. Mastering physical ergonomics and safety engineering concepts is fundamental to creating products and systems that people can safely and conveniently use, as well as avoiding stresses and minimizing the risk of accidents. Based on the AHFE 2019 Conference on Physical Ergonomics and Human Factors, held on July 24-28, 2019, in Washington D.C., USA, this book provides readers with a comprehensive perspective on the current challenges in physical ergonomics, which is a critical aspect in the design of any human-centered technological system, and for factors influencing human performance.

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The Air Conditioning Manual assists entry-level engineers in the design of air-conditioning systems. It is also usable - in conjunction with fundamental HVAC&R resource material - as a senior- or graduate-level text for a university course in HVAC system design. The manual was written to fill the void between theory and practice - to bridge the gap between real-world design practices and the theoretical calculations and analytical procedures or on the design of components. This second

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edition represents an update and revision of the manual. It now features the use of SI units throughout, updated references and the editing of many illustrations. * Helps engineers quickly come up with a design solution to a required air conditioning system. * Includes issues from comfort to cooling load calculations. * New sections on "Green HVAC" systems deal with hot topic of sustainable buildings.

This book reports on cutting-edge findings and developments in physical, social and occupational ergonomics. It covers a broad spectrum of studies and evaluation procedures concerning physical and mental workload, work posture and ergonomic risk. Further, it reports on significant advances in the design of services and systems, including those addressing special populations, for

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purposes such as health, safety and education, and discusses solutions for a better and safer integration of humans, automated systems and digital technologies. The book also analyzes the impact of culture on people's cognition and behavior, providing readers with timely insights into theories on cross-cultural decision-making, and their diverse applications for a number of purposes in businesses and societies. Based on three AHFE 2020 conferences (the AHFE 2020 Virtual Conference on Physical Ergonomics and Human Factors, the AHFE 2020 Virtual Conference on Social & Occupational Ergonomics, and the AHFE 2020 Virtual Conference on Cross-Cultural Decision Making), it provides readers with a comprehensive overview of the current challenges in physical, social and occupational ergonomics, including those imposed by technological

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developments, highlights key connections between them, and puts forward optimization strategies for sociotechnical systems, including their organizational structures, policies and processes.

A collection of anthologies, resource and reference books, including titles from Oscar Wilde, Mary Shelley, Alex Madina, Jo Phillips and Adrian Barlow.

This book covers the application of the OCRA (Occupational Repetitive Actions) method. The methods make up a system dedicated to the analysis and management of the risk of biomechanical overload of the upper limbs. The book focuses on the OCRA checklist which presents various models from the most simplified, to the most complex. It describes methods, criteria, procedures and tools on how to perform such an assessment, in line with

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international standards. The book provides you with the correct methods and tools for prevention of upper limb work related musculoskeletal disorders no matter what the working environment is or what the international standards dictates.

Rehabilitation professionals face a key challenge when working with clients with acquired cognitive impairments: how to teach new skills to individuals who have difficulty learning. Unique in its focus, this book presents evidence-based instructional methods specifically designed to help this population learn more efficiently. The expert authors show how to develop, implement, and evaluate an individualized training plan. They provide practical guidelines for teaching multistep procedures, cognitive strategies, the use of external aids, and more. User-friendly features include 17 sample

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worksheets and forms; blank forms can be downloaded and printed in a convenient 8 1/2" x 11" size.

One of the most important subjects for any student of engineering or materials to master is the behaviour of materials and structures under load. The way in which they react to applied forces, the deflections resulting and the stresses and strains set up in the bodies concerned are all vital considerations when designing a mechanical component such that it will not fail under predicted load during its service lifetime. Building upon the fundamentals established in the introductory volume *Mechanics of Materials 1*, this book extends the scope of material covered into more complex areas such as unsymmetrical bending, loading and deflection of struts, rings, discs, cylinders plates, diaphragms and thin walled

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sections. There is a new treatment of the Finite Element Method of analysis, and more advanced topics such as contact and residual stresses, stress concentrations, fatigue, creep and fracture are also covered. Each chapter contains a summary of the essential formulae which are developed in the chapter, and a large number of worked examples which progress in level of difficulty as the principles are enlarged upon. In addition, each chapter concludes with an extensive selection of problems for solution by the student, mostly examination questions from professional and academic bodies, which are graded according to difficulty and furnished with answers at the end.

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Human Factors, held on July 21–25, 2018, in Orlando, Florida, USA, this book provides readers with a comprehensive perspective on the current challenges in physical ergonomics, which is a critical aspect in the design of any human-centered technological system, and for factors influencing human performance.

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