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a complete winning attitude. With rare
insight based on his first-hand commodity

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trading experience, Mark Douglas demonstrates why the beliefs learned to function effectively in society are often formidable psychological barriers in trading. "The Disciplined Trader" helps you join the elite few who have learned how to control their trading behavior by developing a systematic, step-by-step

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approach for winning -- week after week,
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The Disciplined Trader: Developing
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The classic book that introduced the investment industry to the concept of trading psychology.

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Mark Douglas is the author of The
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Attitudes, published in 1990 and considered an industry classic and one of the first books to introduce the investment industry to the concept of trading psychology. Mark began coaching traders in 1982, and has continued to develop seminar and training programs on trading

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One of the first books to address the
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now an industry classic. In this ground-
breaking work published in 1990 ~

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Douglas examines the causes as to why most traders cannot raise and keep their equity on a consistent basis ~ and brings the reader to practical and unique conclusions as to how to go about changing any limiting mindset.

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One of the first books to address the psychological nature of how successful traders think ~ The Disciplined Trader is now an industry classic. In this groundbreaking work published in 1990 ~ Douglas examines the causes as to why most traders cannot raise and keep their

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Mark Douglas is the author of The

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Disciplined Trader: Developing Winning Attitudes, published in 1990 and considered an industry classic and one of the first books to introduce the investment industry to the concept of trading psychology. Mark began coaching traders in 1982, and has continued to develop seminar and training programs on trading

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psychology for the investment industry, as well as individual traders.

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The Disciplined Trader helps you join the elite few who have learned how to control their trading behavior (the few traders who

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Disciplined Trader : Developing

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The Disciplined Trader is a comprehensive guide to understanding the psychology of self-discipline and personal transformation needed to become a successful stock or futures trader. This book will serve as a step-by-step guide to adapting successfully to the unusual psychological characteristics of the trading

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The Disciplined Trader: Developing
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systematic, step-by-step approach to
winning week after week, month after
month. The book is divided into three
parts: - An overview of the psychological
requirements of the trading environment.

The Disciplined Trader : Developing
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1) Successful traders learn self-discipline, emotional control and the ability to change their minds to flow with the markets. 2) We create losses instead of avoiding them simply because we try to avoid them.

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About the author (1990) Mark Douglas is the author of *The Disciplined Trader: Developing Winning Attitudes*, published in 1990 and considered an industry classic and one of the first books to...

*The Disciplined Trader: Developing
Winning Attitudes ...*

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Developing Winning Attitudes Human history carved a new mentality that is driven by a hunger for either food, success, love or motivation. “The Disciplined Trader” gives a few thoughts on improving your trading skills and reducing the chances of a potential loss.

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The classic book that introduced the investment industry to the concept of trading psychology. With rare insight based on his firsthand commodity trading experience, author Mark Douglas demonstrates how the mental matters that

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allow us function effectively in society are often psychological barriers in trading.

After examining how we develop losing attitudes, this book prepares you for a thorough “mental housecleaning” of deeply rooted thought processes. And then it shows the reader how to develop and apply attitudes and behaviors that

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transcend psychological obstacles and lead to success. The Disciplined Trader helps you join the elite few who have learned how to control their trading behavior (the few traders who consistently take the greatest percentage of profits out of the market) by developing a systematic, step-by-step approach to winning week after

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Developing Winning Attitudes
week, month after month. The book is divided into three parts: • An overview of the psychological requirements of the trading environment • A definition of the problems and challenges of becoming a successful trader • Basic insights into what behavior may need to be changed, and how to build a framework for

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accomplishing this goal • How to develop specific trading skills based on a clear, objective perspective on market action “A groundbreaking work published in 1990 examining as to why most traders cannot raise their equity on a consistent basis, bringing the reader to practical conclusions to go about changing any

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limiting mindset.”—Larry Pesavento,
TradingTutor.com

Douglas uncovers the underlying reasons for lack of consistency and helps traders overcome the ingrained mental habits that cost them money. He takes on the myths of the market and exposes them one by

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one teaching traders to look beyond random outcomes, to understand the true realities of risk, and to be comfortable with the "probabilities" of market movement that governs all market speculation.

getAbstract Summary: Get the key points

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Developing Winning Attitudes

from this book in less than 10 minutes. Author Mark Douglas explains that he lost almost everything he owned because of bad trading decisions. The experience led him to rigorous self-examination, and he discovered that emotions, especially fear, had led him to trade imprudently. He went on to write

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Developing Winning Attitudes
this straightforward, very penetrating explanation of the role of beliefs and emotions in trading. This is not an abstract academic exercise. Douglas is a trader talking to traders. He is thorough and practical in his analysis and advice. At times, his style may be awkward, stilted and even cumbersome; however, these

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flaws do not prevent him from communicating important, useful information. Although the book is specifically about emotional and psychological factors as they affect trading, readers are likely to notice that these influences are active in other dimensions of their lives as well.

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getAbstract finds that this is quite a good little book that has stood the test of time, despite changes in the technology of trading. Book Publisher: Copyright 1990 by Mark Douglas Used by arrangement with Prentice Hall Press, a division of Penguin Group (USA), Inc. www.penguin.com (1-800-253-6476)

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Shortly after most novice traders discover how trading works and begin to realize that they have the potential to make unlimited amounts of money in the financial markets, they start dreaming the near-impossible dream. They fantasize about buying that condo in Boca Raton for

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their parents or surprising their son with a brand-new car on his 16th birthday. They even begin to imagine themselves opening their own trading firm or milling about the pit of the Chicago Mercantile Exchange, lobbying against other professional traders for the perfect entry into a once-in-a-lifetime trade. But then ... they watch the

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markets lurch in wildly unpredictable ways, lose their shirts in a few live trades, and then freeze in their tracks, wondering if they will ever be able to consistently trade in a manner that can even loosely be defined as “profitable.” To be sure, becoming a full-time, professional trader, working at a proprietary trading firm, or

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managing the trading activity of a hedge fund may sound like the perfect career, but it's all too easy for beginner traders to overestimate their trading abilities, underestimate the movements of the markets, and find themselves in a financial hole of epic proportions after a few bad trades. So what does it really take to make

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a living in the markets? Tim Bourquin, co-founder of Traders Expo and the Forex Trading Expo and founder of TraderInterviews.com, and freelance writer and editor Nick Mango set out to answer that exact question in Traders at Work, a unique collection of over 20 interviews with some of the world's most

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successful professional traders, from at-home hobbyists who have opened their own firms to those working at hedge funds, on proprietary trading desks, and in exchange pits. What mistakes did Anne-Marie Baiynd make early in her career? What does Michael Toma wish he had known about trading? What trading

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strategies work best for Linda Raschke?
How does John Carter remain cool, calm,
and collected when the markets are
sending mixed signals? And how did Todd
Gordon make the transition from part-time
to full-time trader? Bourquin and Mango
ask all of these questions and more in
Traders at Work and in doing so reveal

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insider insights on what it takes to be a successful trader from those who are living that dream. Fascinating, compelling, and filled with never-before-told stories from the front lines of the trading arena, Traders at Work is required reading for anyone who has ever asked themselves if they have what it takes to trade for a

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Overcome the obstacles that can prevent you from winning at the trading game A trader's emotional state is vital to being a successful investor. There are many psychological factors that can affect the decisions one makes in the course of a

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trading day. This book focuses on
overcoming issues such as anxiety, fear,
and over-ambition so that traders can
become more focused and be more
successful-in other words, enter the zone-
and stay in it as long as possible.

Practical trading psychology insight that

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can be put to work today Trading Atudes

Psychology 2.0 is a comprehensive guide to applying the science of psychology to the art of trading. Veteran trading psychologist and bestselling author Brett Steenbarger offers critical advice and proven techniques to help interested traders better understand the markets, with

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practical takeaways that can be implemented immediately. Academic research is presented in an accessible, understandable, engaging way that makes it relevant for practical traders, and examples, illustrations, and case studies bring the ideas and techniques to life. Interactive features keep readers engaged

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and involved, including a blog offering ever-expanding content, and a Twitter feed for quick tips. Contributions from market bloggers, authors, and experts bring fresh perspectives to the topic, and Steenbarger draws upon his own experience in psychology and statistical modeling as an active trader to offer insight into the

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practical aspect of trading psychology.

Trading psychology is one of the few topics that are equally relevant to day traders and active investors, market makers and portfolio managers, and traders in different markets around the globe.

Many firms hire trading coaches, but this book provides a coach in print, accessible

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24/7 no matter what the market is doing.

Understand the research at the core of trading psychology Examine the ways in which psychology is applied in real-world trading Implement practical tips immediately to see first-hand results Gain the perspective and insight of veteran traders who apply these techniques daily

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While markets may differ in scale, scope, and activity, humans remain human, with all the inherent behavioral tendencies. Studying the market from the human perspective gives traders insight into how human behavior drives market behavior. Trading Psychology 2.0 gives traders an edge, with expert guidance and

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The best-selling trading book of all time—updated for the new era The New Trading for a Living updates a modern classic, popular worldwide among both private and institutional traders. This revised and expanded edition brings time-

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tested concepts in gear with today's fast-moving markets, adding new studies and techniques for the modern trader. This classic guide teaches a calm and disciplined approach to the markets. It emphasizes risk management along with self-management and provides clear rules for both. The New Trading for a Living

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includes templates for rating stock picks, creating trade plans, and rating your own readiness to trade. It provides the knowledge, perspective, and tools for developing your own effective trading system. All charts in this book are new and in full color, with clear comments on rules and techniques. The clarity of this

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book's language, its practical illustrations and generous sharing of the essential skills have made it a model for the industry—often imitated but never duplicated. Both new and experienced traders will appreciate its insights and the calm, systematic approach to modern markets. *The New Trading for a Living*

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will become an even more valuable resource than the author's previous books:
Overcome barriers to success and develop stronger discipline Identify asymmetrical market zones, where rewards are higher and risks lower Master money management as you set entries, targets and stops Use a record-keeping system that

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will make you into your own teacher

Successful trading is based on knowledge, focus, and discipline. The New Trading for a Living will lift your trading to a higher level by sharing classic wisdom along with modern market tools.

A lot has been said when it comes to

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trading. A lot has also been taught concerning the same. The science of trading has been the central point of discussion for successful trading. Even so, the insight I have gotten in my many years of analysis & trading has shown me that there is more to trading than just science. Other than science, trading is also an art

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that depends on your psychological state
of mind.

**EARN SERIOUS TRADING PROFITS
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That's how they made their fortunes—and that's how you can, too. In *Trading from Your Gut*, Curtis Faith, renowned trader and author of the global bestseller *Way of the Turtle*, reveals why human intuition is an amazingly powerful trading tool, capable of processing thousands of inputs

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almost instantaneously. Faith teaches you how to harness, sharpen, train, and trust your instincts and to trade smarter with your whole mind. Just as important, you'll learn when not to trust your gut—and how to complement your intuition with systematic analysis. You've got a left brain: analytical and rational. You've got

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a right brain: intuitive and holistic. Use them both to make better trades, and more money! “Whole Mind” trading: the best of discretionary and system approaches How winning traders use analysis and disciplined intuition together How to profit from other traders’ “Wrong Brain Thinking” Understand other traders,

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without acting like them How to provide a
firm intellectual framework for your trades
What successful traders have discovered
about the market's structure and laws The
unique value of intuition in swing trading
Use your intuition to trade patterns that
computer technology can't recognize

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A step-by-step system for mastering trading psychology. Think about your most costly and recurring trading mistakes. Chances are that they're related to common errors, such as chasing price, cutting winners short, forcing mediocre trades, and overtrading. You've likely tried to fix these errors by improving your

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technical skills, and yet they persist.

That's because the real source of these mistakes is not technical—they actually stem from greed, fear, anger, or problems with confidence and discipline. If you are like most traders, you probably overlook or misunderstand mental and emotional obstacles. Or worse, you might think you

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know how to manage them, but you don't, and end up losing control at the worst possible time. You're leaving too much money on the table, which will either prevent you from being profitable or realizing your potential. While many trading psychology books offer sound advice, they don't show you how to do the

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necessary work. That's why you haven't solved the problems hurting your performance. With straight talk and practical solutions, Jared Tendler brings a new voice to trading psychology. In *The Mental Game of Trading*, he busts myths about emotions, greed, and discipline, and shows you how to look past the obvious to

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identify the real reasons you're struggling.

This book is different from anything else on the market. You'll get a step-by-step system for discovering the cause of your problems and eliminating them once and for all. And through real stories of traders from around the world who have successfully used Tendler's system,

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you'll learn how to tackle your problems, improve your day-to-day performance, and increase your profits. Whether you're an independent or institutional trader, and regardless of whether you trade equities, forex, or cryptocurrencies, you can use this system to improve your decision-making and execution. Finally, you have a

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way to reach your potential as a trader.
Now's the time to make it happen.

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