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enhanced when
those who do so
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that is not
their
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language is part
of sacred
scriptures ...
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but it's a
counterfeited
and cheapened
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Tantra, comes
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techniques sex

book; rather it

is an

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journey of the

sexual self and

the infinite

possibilities of

ecstatic

expression. In

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Necessary,

Carrellas

teaches readers

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how to discover,
nurture, expand,
and embrace
their authentic,
ever-evolving,
sensual, sexual
self. Everyone
goes through
different phases
of sexual
expression and
desire, and
there are an
infinite number

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of erotic and

ecstatic
possibilities

available at all
points along the
way. The

insights readers
will gain in

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will help them

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a way that works
for them no
matter where
they are in
their sexual
evolution. They
will get tools
for solving the
inevitable
challenges that
arise. They'll
even receive
permission not
to have sex at

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all, if that's
what's right for
them, because it
is possible to
create ecstatic
experiences even
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is not possible,
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readers For The

understand how
they are wired
for sex and

relationships,
what their

personal warning
signs look like,
and what they
need for optimum
care. Plus,

they'll learn
how to

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communicate this information to others so that they can be loved more easily and effectively. As readers discover their authentic sexual selves, they will learn how to create the conditions that allow more

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today, couples
struggle to find
time and energy
for sex amidst
work, kids,
friends, family,
as well as all
other life
responsibilities
and commitments.
And in general,
slow, sensual
lovemaking is
one element of

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life to be put
on hold when so
little time
exists. However,
what makes love
and sex
luxurious is
taking the time
to slow down and
really enjoy it.
When you can
immerse yourself
completely into
the experience

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of either giving
or receiving,
time ceases,
trust increases,
intimacy
deepens, and you
reprogram the
way you imagine,
breathe, gaze,
move, taste,
touch, and
connect.

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and are present

not only in

Hinduism but

also Jainism and

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understanding of

authentic

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Everything is
certainly
blissful when it
comes to the
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are heights and

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levels to it. The
Are you ready to
experience a
mind bugging and
an experience
that will take
you to the
highest cloud
leaving your
body exploding
with pleasure
even at the
lightest touch.
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experience an

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experience,

welcome to the

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experience!

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being in a

situation of

sexual bliss

where every act

seems to melt

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inside of you
because you love
every pang of
it. If you would
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experience, then
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will learn
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is to know about
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