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Jackie and her family ate their way around Asia, sampling streetfood and jotting menu ideas on the back of napkins. Inspired by the food cultures she embraced on her travels, Jackie has brought new life to healthy, meat- and dairy-free food, inspired by the sheer quantity of vegan food on offer in Asia. Dotted with personal anecdotes from her travels, family photos and fascinating local information, Jackie takes us from India to Indonesia on a journey of tastes and textures, via Sri Lanka, ...

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Welcome! My name is Katia and I'm a vegan foodie based in Copenhagen. With my love for vegan food and travels I started this blog. Here I share all my favourite vegan food spots, my travels, recipes and general thoughts on this and that. Stay tuned for delicious food and lots of good stuff.

Vegan Foodie Travel - I travel for vegan food

from Vegan Street Food: Foodie Travels from India to Indonesia Vegan Street Food by Jackie Kearney Categories: Fried doughs; Snacks; Appetizers / starters; Indian; Vegetarian; Vegan Ingredients: unsweetened desiccated coconut; potatoes; garam masala; sesame seeds; green chillies; spring onions; fresh ginger; asafoetida powder; coriander leaves; sunflower oil; gram flour; turmeric; chilli powder

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Vegan Street Food Foodie Travels From India To Indonesia

The book won the PETA UK Vegan Food Award for Cookbook of the Year 2016. Further vegan cookbooks followed, focussing on comfort food, mock meat, and Christmas food. Books. Vegan Street Food: Foodie Travels from India to Indonesia (2015, Ryland Peters & Small) My Vegan Travels: Comfort Food Inspired by Adventure (2017, Ryland Peters & Small)

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Sarah Kramer is a vegan superstar; she was named "the World's Coolest Vegan" by Herbivore magazine, and her first three cookbooks have sold a combined total of over 150,000 copies. Vegan Go-Go! represents a change of pace for Sarah; a cookbook and more for vegan travelers, many of whom are daunted by the idea of going on the road and being able to locate and/or prepare the kind of nutritious animal-free meals they enjoy at home. The new, full-colour book includes 150 recipes, many of them new, and others that have been adapted from her earlier books. All of the recipes are easy to prepare with a minimum of ingredients but guaranteed to deliver energy, nutrition, and great flavour. The rest of the book contains information and advice pertinent to vegan travelers, from how to deconstruct a restaurant menu to what food items are best suited to carry around in your luggage or handbag. There's even a section on "How to Say 'I Am Vegan'" in numerous languages.

75 satisfying plant-based recipes for comfort food from around the world. A food-lover and keen traveler, Jackie Kearney became a favorite MasterChef UK finalist in 2011 thanks to her creative approach to vegetarian and vegan cooking that took inspiration from all over the world. However, if there is one thing that she loves to cook most, it is those comfort food classics that can satisfy any hunger pangs—and in this collection of vegan recipes, she shows how easy it is to do that as part of a plant-based diet. She begins with flavors from her childhood in *No Place Like Home*, featuring recipes such as Root Vegetable Rosti with Home-made Beans and Smoky Tempeh, and Savoy-wrapped Quinoa Roast. *European Summers* follows with a selection of relaxed dishes like Campfire Risotto with Asparagus and Lemon, French Onion Soup with Cashew Cheese Croutons, and Roasted Eggplant Lasagne with Puy Lentils. Jackie is renowned for her love of Asian flavors, so the next chapter, *Asian Comfort*, is where her passion really shines. Try Beet and Watercress Samosas with Pear Chutney, Shami Kebab served in a fluffy white naan, or the classic South-east Asian soup Singaporean Laksa. For dessert, a Chai-spiced Rice Dessert with Ginger Cookies is the perfect winter warmer. In the final chapter, *Americana*, she takes the reader on a tour of the United States where some of the world's favorite comfort foods were born. Who can resist Crispy Fried Green Tomatoes with Spicy Ranch-style Dressing or Buffalo-style Eggplant Wings? Inspiration comes from across the continent, with a vegan take on the classic NYC deli sandwich Reuben's Revenge to a hearty Texan Scramble Breakfast Burrito, as well as those best-loved sweet treats such as Raspberry and Cacao 'Cheesecake' and Portland Maple Crème Donuts. With a guide to the vegan storecupboard and some basic recipes for Easy Vegan Mayo, Cashew Cream, Flax Eggs, and Almond Ricotta, this is the essential book for all those looking for deliciously satisfying plant-based food.

A Lookbook of Style, A Cookbook of Easy Recipes Who says fashionistas can't enjoy delicious food? Jessica Milan, a model-turned-photographer and health-conscious foodie, brings you a lookbook of unique style and a cookbook of tasty vegan and gluten-free meals. Flip through and you will find super simple recipes for smoothies, apps, snacks, mains and treats paired with photos of real girls indulging in the finished products. You will love looking through the photos as much as you enjoy preparing and eating these amazing recipes, like Tex-Mex Potato Skins, Veggie Pad Thai, Quinoa Yam Patties and Sun-Dried Tomato Pasta Pesto. All of the recipes are vegan and completely soy- and gluten-free, using only fresh, all natural, good-for-the-body-and-the-mind ingredients, so you can savor every bite with no guilt. The heart of *Lookbook Cookbook* is in the clean, delicious and easy-to-make recipes, but also the soul is in its message: all girls deserve to have their pancakes and eat them too. So, whether you follow a strict vegan, vegetarian or gluten-free diet, or you simply want to incorporate more healthy meals into your week, *Lookbook Cookbook* is your must-have source of inspiration!

Explore exciting new recipes from the streets of India's four biggest cities.

"Jackie Kearney's beautifully crafted book revolutionised not only my spice rack but also my cooking style... the ultimate foodie's travel journal". Review for *My Vegan Travels*, *The Vegan* magazine. The Mock Meat Revolution is here and veganism never tasted so good with these stunningly inventive recipes for plant-based meat and fish substitutes. While traditional butchers might be disappearing from the high street there's a new breed ready to slice a different kind of meat – made from plants! So-called 'vegetarian butchers' are creating food that mimics meat and offering convincing substitutes that look, feel and even taste like the real thing. Mock meat, of course, is nothing new. Patties made from soy-based protein and wheat gluten have been around since the 1960s but now vegetables, nuts, pulses and grains are in on the act and taking it to a whole new level. Prepare to be wowed by Jackie Kearney's Paprika Seitan Vegan 'Dog' with Cashew Cheese; Crispy Jackfruit Wings and Chickpea Tuna Quesadillas. From Tofish & Chips to Sea-loving Sushi there's a plant-based alternative to all your favourite meals.

Meatless meals revamped by the Cinnamon Snail, the vegan food truck with a cult following. What's the secret behind the Cinnamon Snail's takeover of New York City streets? In all kinds of weather, vegetarians, vegans, and omnivores alike queue up for addictive vegan cuisine from truck owner Adam Sobel. Now Adam brings his food straight to your kitchen, along with stories of the challenges of working on a food truck while still finding ways to infuse food with imagination, love, and a pinch of perspective. *Street Vegan* brings the energy and passion of the Cinnamon Snail's creative cooking from truck to table, including:

- Breakfasts: Fresh Fig Pancakes, Fried Dandelion Greens with Lemon Garlic Potatoes, Poached Pear-Stuffed French Toast
- Beverages: Vanilla Sesame Milk, Cucumber Ginger Agua Fresca, Peppermint Hot Chocolate
- Soups and Sandwiches: Korean Kimchi Soup, Jalapeño Corn Chowdah, Brown Sugar-Bourbon Glazed Seitan, Gochujang Burger Deluxe
- Veggies and Sides: Lemon-Soy Watercress, Maple-Roasted Kabocha, Horseradish Mashed Potatoes
- Desserts and Donuts: Roasted Mandarin-Chocolate Ganache Tart, Pine Nut Friendlies, Rum Pumpkin Chiffon Pie, Vanilla Bourbon Crème Brulée Donuts, Cinnamon Snails

Make Incredible Vegan Versions of Your Favorite Asian Meals If you crave vegan-friendly versions of classic Asian dishes, this will become your new favorite cookbook! Jeeca Uy, of the hit Instagram account @TheFoodieTakesFlight, transforms traditional Southeast and East Asian cuisine into spectacular vegan renditions that are bursting with flavor. From iconic Thai dishes to piping-hot Japanese fare and everything in between, Jeeca's recipes will take your palate on a delicious food trip across Asia that will keep you coming back for more. So, why order takeout when you can easily whip up a vegan version that is not only healthier but can taste even better? Find your favorites and discover new ones with recipes such as: Pad Thai Char Siu Tofu Vietnamese Mushroom Pho Singaporean Chili Tofu Chinese Lettuce Wraps Yang Chow Fried Rice Japanese Yakisoba Spicy Dan Dan Noodles Satay Tofu Sticks with Peanut Sauce Korean Bulgogi Mushrooms Along with vibrant photographs, Jeeca has packed this book with tips and tricks to guide any cook, vegan or not, on how best to work with tofu, how to fold dumplings, how to make vegan versions of essential sauces and so much more. This cookbook will quickly become your go-to guide for simple yet delicious vegan Asian recipes.

This is real Indian food; the bright, fresh, light, herb- and spice-lifted food that Indians turn to each and every day. Extremely healthy, beautifully simple and packed with fresh flavour, it's not your parents' Indian food. In 2014, barrister Nisha Katona had a nagging obsession to build a restaurant serving the kind of food Indians eat at home and on the street. The first Mowgli restaurant opened in Liverpool in late 2014, blowing away the critics and forming legions of fans. The simple dishes of a Mowgli menu are a million miles away from the curry stereotype. This unique collection of recipes and stories from the Mowgli Street Food restaurants brings you the best of their beloved menu, and much more. Try delicious

snacks such as Fenugreek Kissed Fries or a Masala Wrap, and spice up your dinner with a whole host of delicious dahls. Discover how to recreate the iconic Angry Bird, the signature flavours of the House Lamb Curry, and of course, the secrets of the taste explosion that are Chat Bombs. And indulge in desserts, drinks and cocktails such as the Cardamom Custard Tart or a Sweet Delhi Diazepam. From the Mowgli Chip Butty to the iconic Yogurt Chat Bombs, Mother Butter Chicken to Calcutta Tangled Greens, this is the definitive collection of Mowgli's signature street food dishes to recreate at home.

Take a Journey With the Best Vegan Recipes the World Has to Offer! Kirsten Kaminski, creator of The Tasty K and vegan travel aficionado, is here to take you on a voyage through incredible plant-based versions of her favorite international recipes, all from the comfort of your own home. And with helpful tips and tricks for traveling as a vegan, you'll never go hungry on any of your future globe-trotting adventures. Whip up a feast for your guests with a mezze platter inspired by Kirsten's memories of many warm nights spent in cozy Greek taverns, or indulge in a smooth and rich Lentil Moussaka, featuring a homemade béchamel sauce based on a favorite recipe from her time living in Cyprus. Discover the plant-based way to make sabich (complete with a vegan "egg") through a recipe that mimics the creamy, silken version she came to love while living in Tel Aviv. Fall head over heels for matcha, just as Kirsten did during her travels in Japan, as you luxuriate in totally dairy-free Matcha Ice Cream. And be transported to the sunny streets of Mexico as you bite into the tender, street-style Elotes that call back to her high school years. With this exciting cookbook, you'll eat your way through the Mediterranean, Middle East, Asia and Latin America, all without compromising flavor or your vegan diet. So take a bite, take a journey and let The Traveling Vegan Cookbook be your guide to showstopping deliciousness from around the world.

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